



FINAL INSTRUCTIONS FOR THE KENILWORTH HALF MARATHON & 5K 6TH SEPTEMBER 2026

KENILWORTH RUNNERS are pleased to welcome this years runners to our Half Marathon and 5K.

Both races start on the Warwick Road B4103.

THE 5K RACE starts at 9am.

THE HALF MARATHON RACE starts at 9:03am.

EVENT SCHEDULE

7:30am	Bag drop opens in the Holiday Inn, Abbey End, CV8 1ED
7:30am-8:30am	Race number collection from the Start and Finish area on Warwick Road B4103. what3words ///silly.socket.flood
9am	5k Race Starts
9:03am	Half Marathon Starts

RACE NUMBERS AND TIMING CHIPS

COLLECT YOUR RACE NUMBER ON THE DAY
From 7:30am-8:30am at the Start and Finish area on Warwick Road.

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This year we are operating a self collection number process. Race numbers will be sorted alphabetically based on surname, ready for you to collect and Marshals will be available in the area, if you have any questions.

- Race numbers should be pinned to the front of your vest.
- The Chip is attached to the back of the race numbers this year so nothing needs attaching to the shoe.
- Runners should arrive ready to run as there are no changing facilities or showers.

BAGGAGE DROP

Baggage drop is available at the Kenilworth Holiday Inn Abbey End 212, Kenilworth, CV8 1ED in the room behind the hotel reception on the Sunday from 7:30am.

RACE RESULTS AND PRIZE ALLOCATION

Race results and prize allocation will be based on chip timing this year. Cash prizes are sent out after the event and awarded to the Top 3 and age category winners.

RACE INFO

ALL RUNNERS SHOULD BE IN THE START AREA AT 8:45AM, READY FOR THE BRIEFING!

HALF MARATHON RUNNERS should use the signage and pacers to position themselves in the Start area. The signs and pacers will be along Warwick Road at **8.40am for a 9.03am start**. Marshals will be in place to help runners in this area.

This year Dri Run, are providing pacers for the following times: 1:30, 1:40, 1:45, 1:50, 2:00 and 2:15. Each pacer will have a green pacing flag with the goal time they are pacing.

Fast runners (sub 1:30) should go into the second start zone area behind the 5k. There will be no advantage standing in a start zone that is quicker than your estimated finish time as all finish positions and category prizes will be based on chip times.

The 5k will start before the half marathon, once the 5k has departed the half marathon runners will be moved up to prepare for their race start.

5K RUNNERS should go into the labelled 5k Start Area on Warwick Road and use the signage to position themselves in the Start area.

The 5k will start at 9.00am. If a 5k runner wishes to run alongside a half marathon runner they should move into the half marathon start area, however any 5k runners doing so will then be ineligible for any potential prizes.

6TH KENILWORTH SEPT HALF & 2026 MARATHON 5K

RACE INFO CONT'D

The route is available on the website and is common for both races for roughly 2 miles/3km. At this point the 5k will turn off to the left at Oaks Road while the half marathon continues straight on along Rounds Hill.

There will be signage and marshals in this area to help you follow the correct path.

ON THE RURAL SECTION OF THE ROUTE, FROM ROUNCIL LANE, RUNNERS SHOULD RUN ON THE LEFT HAND SIDE OF THE ROAD.

Signage and marshals will be in place to remind you on the rural sections of the route.

WATER STATIONS AND TOILETS

Public toilets and additional portable toilets will be available in Abbey End in Kenilworth.

Toilets on the route can be found on Rouncil Lane just after mile 3 and before mile 11 near Goodrest Farm.

There are 3 Water Stations on the route.
The Half Marathon runners pass W1 and W2 twice so there are **5 water stops available to runners.**

Where non plastic cups are being used. Please throw used cups into the bags provided.

Water Station 1 (W1) - on Rounds Hill.
what3words: ///impaired.intrigues.topples

Water Station 2 (W2) - at Mile 5 and just before Mile 9. what3words: ///loans.front.petal

Water Station 3 (W3) - between Mile 7 and 8.
what3words: ///elevate.cigar.chosen

RACE RULES:

- Please follow instructions from marshals at all times
- Bone conduction sports headphones are the only headphones that are approved for use in all road races under the UK Athletics Rules of Competition
- Please do not swap your race numbers with other individuals
- Please do not litter on the course except near the water station at the start/finish area where bags/bins will be available
- Please use the public toilets and portaloos that have been provided

FINISH LINE MENTIONS

If you'd like a special mention from our announcer as you cross the line, then send us an email before Thursday 3rd September: racedirector@kenilworthrunners.com

POST-RACE

Please collect your medal and other items provided by our sponsors from the finish area.

T-SHIRTS

If you have ordered a t-shirt these will also be available to collect from the finish area. **Please show your race number to collect your t-shirt.**

SPORTS MASSAGE

Tudor Physio are providing a post-race sports massage in the Holiday Inn for all runners.

PHOTOS

Photos will be available Sun/Mon from:
<http://www.yourraceday.co.uk/>

FURTHER DETAILS

Further details such as where to park, route etc. are available on our website: www.kenilworthhalfmarathon.co.uk

or please e-mail racedirector@kenilworthrunners.com with any questions not covered.

KENILWORTH RUNNERS look forward to seeing you at the Kenilworth Half Marathon and 5k on Sunday 6th September 2026.

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